Sabine County



The Region 5 2017 Regional Needs Assessment (RNA), covers 15 counties served by the Region 5 Prevention Resource Center at the Alcohol and Drug Abuse Council of Deep East Texas.

The RNA focuses on underage consumption of alcohol and tobacco and the consumption of illicit drugs or prescription drugs not according to a doctor's orders. It contains both quantitative and qualitative data about each of the counties. Both risk and protective factors for substance use as well as descriptive statistics about the population are included.



This county summary includes numbers for the county based on its population and that can be compared directly to other counties, to the region, to the state or to the U.S.

Older Sabine County has fewer young people (under 25 years old) by percentage (25.4%) t the region (33.4%). Its "old" people (ages 45 and older) represent 58.9% compared to region's 42.3%. Population estimates for Sabine County have grown from 2014 to 2016 by 4.1% compared to the region's estimated loss of population of -0.1%. Sparse Sabine County is estimated to have 22.5 people in each square mile in 2015 compared
to the region's estimated loss of population of -0.1%.
Sabine County is estimated to have 22.5 people in each square mile in 2015 compare
the region's 66.0 persons per square mile.
4 Language Proficient In 2015, it was estimated that 4.0% of the people in Sabine County speak Spanish. Of those speaking Spanish, 20.4% do not speak English well. That is, only 0.8% of the county speak English well. That is, only 0.8% of the county speak Spanish. Of the people in Sabine County speak Spanish. Of the county speak Spanish.
Low lncome 2015 per capita income in Sabine County was \$20,511, lower than the average region per capita income by 14.5%, and lower than the Texas average by 27.7% and the U.S. average by 32.6%.
6 2 Parents Compared to the 39% of regional households headed by single parents in 2017, Sabir County had 37%.
7 Marriages The divorce rate per 100,000 in 2014 for Region 5 was 281.1 compared to the rate of 127.3 per 100,000 for Sabine County.
8 No Jobs After 2 years of decline unemployment increased in the region in 2016 to 6.3%. In the year the unemployment rate in Sabine County was 9.6%.
Assistance Temporary Assistance to Needy Families (TANF) was at a level of 173.7 per 100,000 in region in 2016, while Supplemental Nutrition Assistance Program (SNAP), previously known as food stamps, was given to 16.7 % in 2015. This compares to 36.6 and 18.6% Sabine County.
10 Lunches 78.3% of Sabine County's school children received free or reduced school lunches compared to 61.2% of the children in Region 5.
Life/Health Considering how long people live (mortality) and how healthy people are (morbidity) ranking the 254 counties in Texas, Sabine County ranks at 238 near the bottom in 201
Race In 2015 estimates Region 5 is 74% White and 20% Black. (Texas 75% and 12%; the U.S. 74%, 13%) Sabine County is 90% White and 8% Black.

Data requests and submissions of data for next year's RNA can be addressed to the PRC Region 5.